



Newsletter

April, 2014

Bowler Becomes Lifesaver

Joe Regan, LBLBC, Saves Drowning Diver

As reported in *Stu News Laguna*, by Maggie Henrikson

Joe Regan, a member of Laguna Beach Lawn Bowling Club, was practicing on the greens on Saturday, March 22, when he heard screams coming from Diver's Cove in Laguna Beach. Joe quickly began to run, zigzagging down the access path to the cove where he grabbed a paddle board from a girl. "They all looked at me like I was crazy, but I said, 'someone's drowning!' and just grabbed the board."

Joe paddled out to the struggling diver. "By the time I got to him, the man's head was barely out of water," Joe said. "He was sinking with the weight of his scuba gear, and to-tally panicked."

Joe stayed with the diver, keeping him calm and coaching his breathing while waiting for help from the lifeguards.

Read the full story here: <http://www.stunewslaguna.com/>

"I heard screaming like nobody's business. I ran to the edge and looked over the cliff. There was a guy way out in the kelp bed. He kept screaming and screaming."

Joe Regan

LBLBC



Skip and Michelle Arculli, Father/Daughter Duo Featured in "Inside Bowls" Magazine. See page 3.

In This Issue

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Super Shots!



Bill Hiscock (left) and Ben Dann

On the day of his 90th birthday, Coronado, California resident, Ben Dann, scored a Super Shot on the Coronado Lawn Bowling Green, along with his partner Bill Hiscock. (As reported in the Coronado Island News)

What is a Super Shot?

If you and your team mates score a 7, 8 or 9 in one end of Pairs, Triples or Rinks (fours), match played under BowlsUSA or its affiliated organization rules, you qualify for a "Super Shot". You must send in a claim form signed by the Event Director and/or the scorecard signed by the opposing Skip. It does not need to be in a tournament.

Along with the claim form you will need to include \$5 for each team member scoring the Super Shot to Bud Birkenseer, Super Shots Director. Each team member will then receive a pin, a certificate and bowls stickers. The claim form can be found on the [Bowls USA website](#).

The club, team members and tournament (if applicable) and date will appear quarterly on the Bowls USA Website. Individual entrants who join four (4) times in one calendar year will receive a Super Shots Club Patch free. The Super Shots Club is awarding eight (8) cash prizes at the end of the year.

Super Shots Club

By Bud Birkenseer

Bowls USA's Super Shots Club had a banner year in 2013. Clubs all over the country got involved the past year, from Florida to California and many points in between. Clubs were sending in Super Shot claim forms at quite a clip!

For the last two years the club that awards the most Super Shot pins receives a handcrafted trophy to keep and display in their trophy cabinet. Southern California club, Coronado LBC has taken home the trophy.

In addition, three members of the Coronado LBD won money in the annual Super Shots raffle. Any player who sends in an entry for the Super Shots Club is automatically entered into the raffle. The more entries you have, the better your chance of winning a cash prize.

There is a misconception that a Super Shot pin can only be won while playing in a tournament event. That is not true. A pin can be earned in a club draw game.

The 2013 Club Trophy was decided by a difference of just 3 pins! This year Holmby Park LBC in Los Angeles, CA, is putting their "A" game together. Just one more triples game entry and they would have tied the folks at Coronado LBC.

Speaking of Super Shots coming in at quite a clip, how about Pueblo El Mirage LBC, Arizona? In one of their Triples Tournaments they hit for the cycle with three teams scoring a Super Shot. One team scored a 7, one an 8 and the third team scored a 9. Quiet a feat, indeed!

If you go to the [Bowls USA](#) website you will see the picture of the club trophy as well as photos of raffle winners. You can also find the claim form and rules for Super Shots.

Bud Birkenseer, Super Shots Director
BudBirk@gmail.com

Around the Country

Northeast Division

Hot Off the Press!

The Arculli father and daughter bowling champions Skip and Michelle are featured in the April "[Inside Bowls](#)" magazine. Check out the article on pages 44-47.

In addition to being recognized in "Inside Bowls", World Champion bowler, Skip Arculli, will be honored with his very own namesake tournament. The first "Skip Arculli Pairs" tournament will be held on May 17-18 in Essex County, New Jersey.

Colin Smith of Essex County LBC has been named Interim Treasurer of the Northeast Division after Tee Adams stepped down. Colin has served in virtually every capacity in Bowls USA, including president of the USLBA and several terms as NED president.

"I want to thank Colin for once again stepping up to serve lawn bowls," Dick Sayer, current NED president said. "He never says no! He's a great asset to our division and lawn bowling."

"I want to thank Tee for his excellent contributions to the division and lawn bowling. I look forward to his continuing on as lawn bowler and taking the thousands of photographs that he shares with us all."

Dick Sayer

The photos of Frick Park, Pittsburgh, PA inspired me to do the attached cartoon. Hope you enjoy it

Cheers
Ron



Southeast Division

North Central Florida League Celebrates 80 Years

By Bud & Jackie Ricucci

The North Central Florida League (NCFL), also known as the Traveling League, celebrated its 80th birthday this year. Organized in 1934, the NCFL was the first true competitive league and the longest lived of any lawn bowling league in the U.S. The original four clubs that made up the NCFL were from Orlando, Daytona Beach, Deland and Mount Dora. Over the following decades, teams from Winter Park, New Smyrna Beach and Lakeland joined the league at different times. The only club that has always been represented throughout the entire 80 years in Mount Dora. In fact, in 2008 it was the only club in the league.

NCFL secretary and future Hall of Fame inductee Gene Goodwin made a proposal to save the shrinking league in 2003 by changing its format from a competition among clubs to one of competition between teams from the participating clubs. The proposal was approved for play in 2004.

Sadly, today only Mount Dora and Lakeland clubs are still extant. In 2009 the Lakeland LBC joined the league with two teams and the two clubs have kept the league going with leadership from Bob Wulbrecht, current president. Lakeland has fielded four teams for the last three years to go with Mount Dora's 12 teams. Bob hopes that in the near future a newly formed club in The Villages, a huge retirement community one hour north of Orlando, will join the league.

Among the hundreds of bowlers who participated in the NCFL over the years, Bowls USA Hall of Fame member Harold Esch holds the record of over 620 games played in NCFL from 1950 to 1998 with the Orlando and Mount Dora clubs. Harold passed away in 2010.



Orlando, FL club, 1950. Back row L-R: J.L. Esch, Stewart Hice, Lee Utter, E.B. Palmer, Jack Shannon, Floyd Albarn, Herb Tilley, Guy Srodes, Lewis Haim. Front: Harold Esch, John Finlay, Dr. G.W. Hobby, John Stevens, Dr. Bert Wilbur, I. H. Meredith, Jim Hanna.

Southeast Division

New Lawn Bowling Tournaments

By Linda Hawken

Over the course of this past winter, Tournament Director for Sun City Center Lawn Bowling Club, Tony Hawken has introduced several new formats for tournaments. The first was a separate Ladies' and Men's Pairs one, played on the same day and it was so successful that Sarasota Lawn Bowling Club is adding the format to their schedule for the 2014/15 season.

Next was the Snowball Tournament where each member of a triples team plays a different position for four ends, eventually playing all three positions after 12 ends. And the end of the game.

Most recently, Tony organized a Three-Bowl Pairs Tournament. Twenty-eight lawn bowlers participated in this format, popular in the UK. Instead of the usual four bowls for each player on a pairs team, only three bowls are used.

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Southeast Division Men's Open

By Trevor Colby

The results of the SED Men's Open held at Clearwater, Florida, are as follows:

Singles - Burl Roller (Brooklyn)

Pairs - Patrick Duffy & Burl Roller (both Brooklyn)

Triples - Joe Dorsch, Garry Watts, and Pat Byrne (all of Sarasota)

Bowler of the Tournament - Burl Roller (Brooklyn)

Burl Roller's performance was absolutely outstanding, not only because he was so successful, but he was the first bowler in this division (and probably in any other division) to win titles with the use of a bowling arm.



Burl Roller, Singles winner and Bowler of the Tournament for the SED Men's Open in Clearwater, Florida.



Triples Winners in the SED Men's Open
L-R: Pat Byrne, Joe Dorsch and Garry Watts



Pairs Winners at the SED Men's Open:
Patrick Duffy (left) and Burl Roller

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Central Division



Anna Witt and Glorianne Mather, members of the Milwaukee Lake Park Lawn Bowling Club of the Central Division, escaped the harsh Midwest winter to compete in the Southeast Open held March 1-6 at Sarasota LBC in Florida. Team U.S.A. member, Witt, won the "C" flight in Singles. In Pairs, Witt and Mather captured the "B" flight. The fours competition was halted on the second day due to inclement weather.

South Central Division

Here are the results of the South Central Division Open:



Women's Pairs: Dora Stewart (L) and Mary Wright.



Women's Singles Winner: Dee McSparran.



Men's Singles Winner: Charlie Herbert.



Men's Pairs Winners: Roger Green (L) and Charlie Herbert.

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Northwest Division

Short Jack Tournament

May 17-18, 2014
King City LBC, Tigard, OR

This is the Northwest Division Open Pairs Tournament. Every end the jack will be placed 21 meters from the mat. The tournament is co-hosted by King City LBC, Tigard, Oregon and Portland LBC. Entry fee is \$20/person and registration closes on May 15. For more information go to [Bowls Northwest](#).



Jefferson Park Die Hard League, Fall 2013

Pacific Inter-Mountain Division

By Ginger Harris

Members of the Palo Alto Lawn Bowls Club are eager to get back out on the green and into some serious bowling fun!

Chili Cook-Off

Our first event of the year was a Chili Cook-Off and Games Night in February. The afternoon draw game attracted a big crowd while the men of the club prepared their chili specialties. Those attending sampled each before voting for their favorite. After dinner, there were games of darts, dominoes, bridge, Scrabble, and Rummi Cube. These evenings kept our club members connected during the winter when the weather keeps some off the greens.

Ladies Day

Monthly Ladies Lawn Bowling and Lunch Days are back on the calendar, and we are looking forward to visitors from other area clubs join us for a social game and brown bag lunch. This is an opportunity for women from all our division clubs to bowl together and introduce friends to the game in a supportive and stress-free format. Games are formed based on attendees' wishes; some pairs, some triples. It's the camaraderie that counts!

Community Outreach

As part of our effort to connect with the community, we have welcomed several groups from the local Veteran's Hospital. Club members volunteered to coach the veterans for some fun on the greens. A group of all sight-impaired and legally blind vets was particularly competitive.



Palo Alto members and Vets

Bay Area Senior Games

Palo Alto will again host a bowls competition for the Bay Area Senior Games to be held in May.

Bowling Blast!



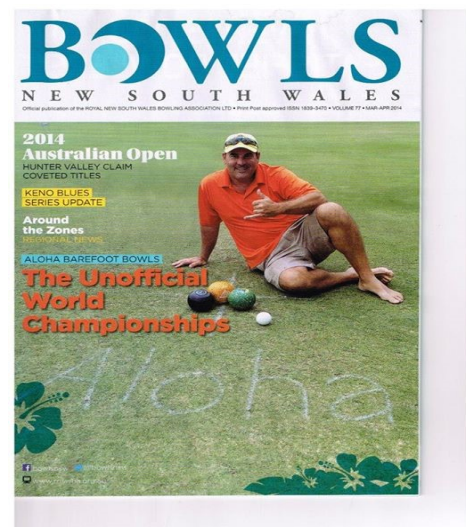
Palo Alto's first ever spring "Bowling Blast" was just that - a blast! Thirteen new bowlers signed on for five weeks of fun and coaching. The first week was instruction in the basics of the game and an opportunity to roll some bowls to get a feel for the delivery. Week two saw each new bowler randomly paired with a volunteer club member for vet/novice pairs game, and the novices did a fine job of drawing to the jack and picking up some points for the teams! Many stayed for our traditional Wednesday pizza dinner. What a great way to begin our new bowling season!

Note: According to the Bowls USA website division map, Hawaii is part of PIMD, hence the placement of the following article.

Aloha Barefoot Bowls

Honolulu, Hawaii

The first Aloha Barefoot Bowls was held at the Honolulu Lawn Bowls Club in Ala Moana Beach Park, in Honolulu, Hawaii in February. The tournament was featured in the March/April New South Wales Magazine with a cover photo as well as a center page article.



Continued on next page.

(Continued from previous page)

Forty lawn bowlers from Australia, Canada, Honolulu and Southern California and New Zealand participated in the tournament. They played two flights, 20 pairs per flight.

The Honolulu LBC was built between 1935– 1936 by Australian servicemen stationed in Hawaii. It opened on July 4, 1939.

Several bowlers from Southern California attended the 2014 Aloha Bowls. Below is a photo of some of the attendees, all from Laguna Beach Lawn Bowling Club.



L– R Alex Wekerle, Sandy Focht, Jim Lyons, Jan Bartsch, Art Jenkins, Colleen Jenkins, Dorothy Pinnella, Abe Pinnella.

Joe was a member of the U.S. Maccabi Games bowls team that competed in Israel in 1977, 1981, 1985 and 1989.

He was editor and publisher of the BOWLS Magazine, the quarterly publication of the American/US Lawn Bowls Association from 1992 to 2002.

Joe served as vice-president, president and national Councilor for the Southwest Division. In addition, he was manager of the United States international teams for Asia Pacific Games and Championships, World Bowls Championships and the North American Challenge. ALBA representative to the International Bowling (WBB) in 1991 and 1992 in Hong Kong and the U.K. respectively.

In 1983, Joe was named BOWLS Magazine to ALBA's "Sweet Sixteen" recognizing the top sixteen U.S. bowlers "under the age of 60". He served as chairman of the 1989 U.S. Championships held at the Beverly Hills LBC. He was also co-developer /organizer of the ALBA (now Bowls USA) Hall of Fame and the originator of the annual All-Southwest Team.

When he wasn't bowling, Joe was a TV producer, writer and author. He was elected to the Bowls USA Hall of Fame in 2002.

Beverly Hills Lawn Bowling Club is very proud to have such a distinguished bowler as a member.

Southwest Division

Personality Profile of Joe Siegman

From the Beverly Hills Newsletter



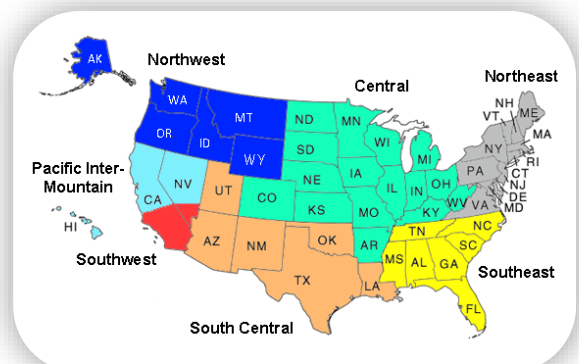
Joe Siegman has been on the lawn bowling green since the spring of 1976. He was president of the Beverly Hills LBC in 1982 - 1983 and again in 1991 to 2010.

Among his numerous competitive achievements are the National Open Pairs Champion in 1989, winner of the Southwest Division U.S. Pairs Playdowns in 1994, 2002, 2008 and 2010. Along with partner Neville Sacks, Joe won the 2002 U.S. Pairs National Championship.

Get to Know the Divisions

Although there are different divisions, seven to be exact, throughout the United States, we are all part of the same organization, Bowls USA. It is the love of lawn bowling that brings us together. With that in mind, it is important to learn about the different divisions; where they are located in the country, the clubs in each division and their members.

The [Bowls USA](#) website has a tool to do just that. Click on "[Divisions and Clubs](#)" and you will discover a marvelous map that shows the different divisions by color. Click on a division name and you will get information about that area. Then you are just another click away from the individual division websites and newsletters. It's a great destination to learn about all of our bowlers across the country. Check it out!



Don Goodrich Senior Mix-Match Triples

Sun City, California, March 8, 2014

By Jim Dunlevey, Games Director, Sun City LBC

Half of the Southwest Division's 30 clubs, and one from Canada, were represented on March 8, in the Sun City, CA, club's annual Don Goodrich Senior Triples Tournament, limited to bowlers who admit to being 55 or older. Fourteen teams competed on the "A" green with top money going to Melanie Vizenor, Shirley Jacobs, and Gerrie Giseburt of the Lake Hodges and San Diego clubs. Roberto Moran, Gregg Gattuso and Richard Reid of Lake Hodges took first place among the 12 teams competing on the "B" green.

The Goodrich honors a past president and championship bowler and is one of two annual major invitational events by the Sun City club, now in its 51st year of play. Bowls was one of the amenities promoted by Del Webb for the new retirement community of Sun City in the very early 1960's.



L - R: Shirley Jacob, Melanie Vizenor, Gerrie Giseburt.



Roberto Moran - Gregg Gattuso - Richard Reid

Winners of the San Diego SoCal Triples



L-R: Ivan Hyland, Joe Regan Michael Siddall

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Upcoming Tournaments

Northeast:

May 17 - 18 Skip Arculli Pairs Bloomfield, NJ

Southeast:

April 23 Southeast Division Playdowns
Sun City Center LBC, Sun City, FL

Southwest:

April 26- 27 US Pairs Playdowns
Men -Long Beach, CA
Women— Newport, CA

May 3-4 US Pairs Playdowns—Finals

May 5 Open House

Haarlem, Holland

May 4 - 10 2nd Bowls Dutch International Open



2014 U.S. OPEN

September 14 - 20, 2014

Southern California

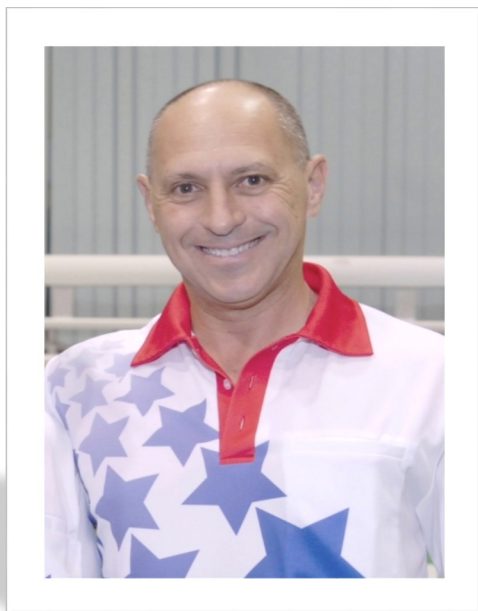
For all the information and details about 2014 US Open, go to the website:

[US Open 2014](#)

Media Release

From David Allen , Publishing Editor of "Australia's Finest Bowls in Focus " on 4/13/14

San Diego Bowler on Top of the World



Coronado lawn bowler, Neil Furman, a multi US national titleholder, rocked the establishment at the World Cup indoor singles championship today.

Competing at the Warilla Bowls Club near Sydney, Australia, Furman defeated 2002 Commonwealth Games gold medalist, Bobby Donnelly from South Africa to become top qualifier. The 53-year-old marketing consultant from San Diego, earns a direct start into Tuesday's semi-finals. His opponent in the play-offs is still unknown as the world championship continues tomorrow.

Furman received a Bronze medal in the finals! Congratulations!



Dee McSparran, Newport Harbor LBC, SWD, also participated in the World Cup at Warilla.

Click here for [2014 World Cup Results](#) held at the Warilla Bowls Club on April 8-16, 2014.

Bowls USA is a member of World Bowls. You can read the newsletter here:

[World Bowls](#)

Bowls USA National Championships

South Central Division held their playdowns to determine who will represent SCD at the Bowls USA National Championships to be held in Sun City Center, Florida, November 4-9, 2014.



Lorraine and Len Hitchcock claimed the women's and men's single's titles.



Jackie Tucker (L) and Regina Banares won the women's pairs competition.



Frank Souza (L) and Darrell Jones won the men's pairs title.

From the President

A volunteer, according to the dictionary, is someone who contributes time, effort and talent to a need or a cause, without profiting monetarily. We commend and thank bowlers who contribute either at their club, in their division or in the national organization. So, next time you are at an event, look around, acknowledge all these volunteers who have put in many hours of effort in order for you to enjoy the games and tournament. Thank you goes a long way.

I have asked Cheri Cabot, (our volunteer newsletter editor) to include the list of Bowls USA executive and the Division Councilors for your information. Division Officers and Committee chairs listings can be found on the Bowls USA website at www.bowlsusa.us. Without all the hard work put in by these gracious and generous volunteers, we would be struggling.

Bowls USA is in the process of printing an updated Tactics and Techniques booklet which will be forwarded onto each Bowls USA member. So keep an eye open for your copy. Also along with the coaching articles included in our newsletter, discussion is underway to provide coaching to clubs.

An Australian magazine article states: "lawn bowls is a precision sport that is played for the challenge and competition, personal enjoyment, physical activity, the pleasure of spending time outdoors and for social interaction." How true! Believe it. In addition, lawn bowls provides a number of health benefits, including:

- Improved fitness
- Improved coordination and skill development
- Increased confidence
- Enhanced mental well being
- Social contact

The bowls season is starting in most of the divisions and here's wishing you good games, to renewing friendships, to making new friends and to further honing your skills on the green.

As mentioned in previous newsletters, keep the pictures, results and articles coming for inclusion into future newsletters. Remember the success of the newsletter depends on you.

I hope to hear from you and welcome your feedback, comments and suggestions.

Good bowling to you all,

Heather Stewart
President

heatherstewart@bowlsusa.us



Executive Committee

President	Heather Stewart
1st Vice President	Richard Broad
2nd Vice President	Dee McSparren
Secretary	Janice Bell
Treasurer	Tony Greenberg

Division Councilors

Each division has one man & one woman councilor.

Central - Crandall Hayes & Glorianne Mather

Northeast - Patrick Duffy & Michele Arculli

Northwest - Jeff Covell & Pam Edwards

Pacific Inter- Mountain - Robb Pawlak & Ginger Harris

South Central - Doug McArthur & Myra Wood

Southeast - Gary Williamson & Linda McDougall

Southwest - Charlie Herbert & Jan Hargraves

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4 Steps To Success in Lawn Bowls by Stephen Forrest

Play The Way You Practice

If the intent of technical skills practice on a bowling green is to improve the quality of bowls we deliver and so improve our competitive results, why do we not play our games the same way we practice?

When you deliver a bowl in a Structured Practice exercise, Draw to the Ditch for example, you always know exactly what shot you are about to execute **before** you even pick your bowl off the green. Exercise 2, that you chose from the 22 available in the “**4 Steps To Success in Lawn Bowls - Step 2 Technical Excellence**” book will, for example, explain that your Goal is to draw to within 3 feet of the Ditch on the forehand for 4 bowls.

When you Step on the Mat in practice, your mind only deals with the mechanical and technical aspects of achieving the Goal for that specific bowl. You prepare by conducting a pre-shot routine and then “Let It Go”.

No doubt as a Novice you were taught that you should stand on the Mat as soon as you have ‘Possession’ based on your opponent’s bowl having come to rest on the green up at the Head. You may actually never know what shot you are about to play until **after** you Step on the Mat, forcing you to play differently from the way you Practice, where you always take that Step in full knowledge of that Goal.

This change in sequence is a major reason why excellent technical results in Practice do not necessarily translate into excellent Game performance. You are making decisions on the Mat in a Game. So we need to advise you how to make the change in that process.

R A C E stands for **R**evue, **A**ssess, **C**hoose, and **E**xecute. It is a process which leads the player to execute the right shot for the game situation.

Review	Assess	Choose Shot	Execute
GOALS	SWOT Analysis	Draw Controlled Weight Drive	Handle bowl Visualize Breathe
Game Context	Strengths Weaknesses	Forehand Backhand	Step on Mat
Goal for End	Opportunities Threats	Specific Target	Stare Deliver
BEST/WORST outcomes	Context Environment	Position on Mat	Follow-through

Revue your Goals, **A**ssess the situation, and **C**hoose the Shot must all happen before the **E** in Execute arrives. The **GREEN** areas on the **RACE** chart opposite are all the options considered and decisions made before you Step on the Mat. These are all completed in Practice before you take that Step. “**GREEN**” is your THINK time and should be done before you Step on the Mat. **The area of the Rink from the Mat is therefore your THINK space.**

Each Choice needs to be precisely made before you reach the 1st task in Execute - the Pre - Shot Routine.

For the shot to be successful, you need to have decided exactly what result you are trying to make - to the exactness of a 1/32 of an inch. So have chosen, pick up your bowl and get ready.

The Pre - Shot Routine is a checklist to get you ready to “Let It Go”.



It is preparation in the Execution Step to deliver the perfect result, focusing on mental and mechanical technique to deliver the shot you just decided on. The primary purpose is to concentrate the mind and ready the body on the only thing that matters to be successful - to execute the next shot to the peak of the Player’s current ability.

Your physical delivery routine takes place on the Mat. Your mind is completely ready to let your body just to “Let It Go”. The time taken **on the Mat** to deliver your bowl or Jack will always be practically identical, since there is no decision being made.

From the Mat to the Head is your DO Space

By making this change in the sequence, you will play the way you practice.

Please write me with questions or comments.

Enjoy your bowling, Stephen

The 4 Steps to Success in Lawn Bowls



Order On Line

<http://strobeonline.ca/store>